

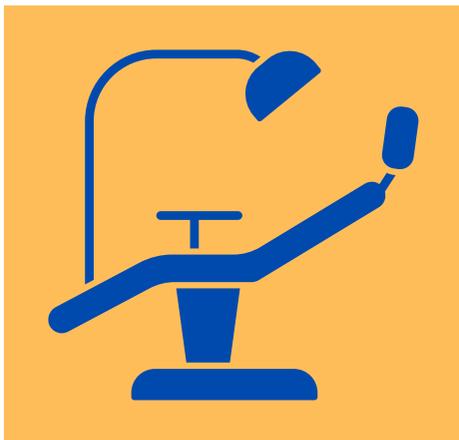
Parent Corner

Oral Health

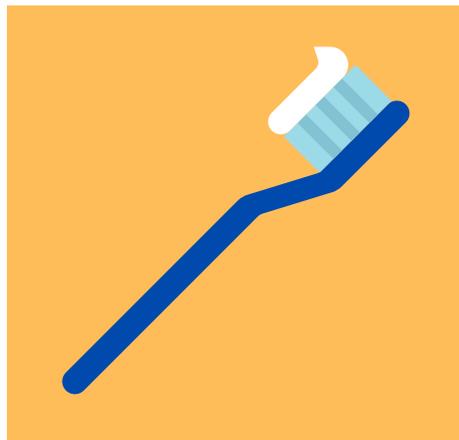
By: Yazmin Martinez

Cavities (also known as caries or tooth decay) are permanently damaged areas in the hard surface of the teeth that develop into tiny openings or holes. Untreated cavities can cause pain and infections that may lead to problems with eating and sleeping.

Basic Prevention



Visit the dentist every 6 months



Brush twice a day



Floss Daily



Use fluoride to strengthen teeth

DISCLAIMER: PARENT CORNER IS INTENDED TO SUPPORT PARENTS THROUGH EARLY INTERVENTION THERAPY. IT DOES NOT SERVE TO REPLACE THERAPEUTIC SERVICES.

Parent Corner

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Tips for Parents

- Be a role model for oral health!
- Limit sugar exposure.
- Brush children's teeth! help the child brush their teeth until they are about 5 or 6 years old.
- Talk to your dentist about putting fluoride varnish on your child's teeth.
- Ask your child's dentist to apply dental sealants when appropriate.