BTT'S PARENT CORNER

Increasing your child's vocabulary to include verbs will allow your child to express his/her needs and wants with greater success and allow your child to expand phrase length, when he/she is ready. What strategies do I use?

Repetition: Repeat your target word as you engage with your child (e.g. kick ball, good kick, kick again, big kick).

Modeling: Engage the verb as you say it out loud (e.g. kick the ball).

Narration: Talk about what your child is doing during play time (e.g. car is going up, car crashed, baby's sleeping, eat baby).

Imitation of Gross Movements: Play Simon Says (e.g. Simon says "jump," Simon says "clap your hands," etc.)

+1 word: Increase phrase length by adding a word to what your child is already saying. For example: child says "ball" you reply "bounce ball."

What verbs should I work on with my toddler?

Use everyday routines (e.g. bath time, meal time, play time) to guide you on the target verbs that your child needs. Keep it simple. Target examples include but not limited to: sing, eat, dance, jump, hop, kick, wash, brush, blow, build, and paint.

Disclaimer: Parent corner is intended to support parents through early intervention therapy. It does not serve to replace therapeutic services.

Verenice Meza, M.A.CCC-SLP